

9th UEFA Medical Symposium: The women's game and beyond

We extend a warm welcome to anyone with an interest in footballers' health and well-being who would like to join us for our ninth Medical Symposium. The event will be held in the picturesque city of Lugano, Switzerland, from 4-6 February 2025.

Preliminary agenda (4-6 February 2025)

The programme offers a mix of plenary and parallel sessions with content designed to support the immediate needs of medical doctors and physiotherapists. Each session will have a strong emphasis on providing practical information that participants can apply in their day-to-day work on the football pitch

In addition to our speaker slots, we have also scheduled Q&A and roundtable events which will encourage participants to ask questions and share their own experiences.

This preliminary agenda (PDF) will be updated in the coming weeks to provide names of specific speakers.

Day 1 – Tuesday 4 February 2025

08:00	Registration		
09:00	Opening address		
09:30	Keynote Female player		
10:30	Break		
11:00	Medical doctor strand Medication use in football	Physiotherapy strand ACL injuries in female football players	Workshops Multidisciplinary team communication
11:40			Workshops UEFA fitness course
12:30	Lunch		
13:30	General Strand Caring for the female player		
15:30	Medical Doctor Strand Environmental challenges in football	Physiotherapy Strand Muscle injuries	Workshops Multidisciplinary team communication
16:10			Workshops Injury registry
17:00	Poster walk and drinks		

Day 2 - Wednesday 5 February 2025

08:00	Keynote Heading and head injuries		
10:00	Break		
10:30	Expert Q&A Muscle injuries	Expert Q&A Female player health	Expert Q&A Nutrition
11:45	Expert Q&A Muscle injuries	Expert Q&A Female player health	Expert Q&A Nutrition
12:30	Lunch		
13:30	Medical Doctor Strand Orthopaedic care for ACL injuries	Physiotherapy Strand Long-term (healthy) athletic development	Workshops Doping control
14:30			Workshops On-field rehabilitation
15:00	Break		
15:30	Medical Doctor Strand Infectious diseases & football	Physiotherapy Strand Return to Play in practice	Workshops Doping control
16:10			Workshops On-field rehabilitation
17:00	Medical handovers		

Day 3 - Thursday 6 February 2025

08:00	General strand Cardiac screening	
10:30	Break	
11:00	Roundtable discussion ACL injury prevention	Roundtable discussion Concussion
11:30	Roundtable discussion Pregnancy	Roundtable discussion Return to sport criteria
12:30	Lunch	
13:30	General Strand Mental health of the football player	
15:00	Break	
15:30	Keynote Medical research in football	
16:30	FIFA updates	
16:50	Closing address	