



# UEFA Medical Research Grant Programme

ACADEMY





A SPECIFIC GRANT  
PROGRAMME  
DESIGNED FOR  
ACADEMICS WORKING  
ON MEDICAL AND  
HEALTH-RELATED  
RESEARCH IN  
FOOTBALL



# FOREWORD

The UEFA Medical Research Grant Programme, launched in 2023, was developed in response to the community's call for targeted research in football medicine. Designed to tackle current emerging issues in football, the programme aims to make a meaningful impact across various facets of the game. Notably, our initiative places a specific emphasis on women's health, allocating 50% of the grants to address health topics directly relevant to female

football players. With the programme, we strive to advance the understanding and care of football-related health issues, ensuring a comprehensive and inclusive approach to the well-being of players. Our commitment extends beyond academic pursuits; we aspire to deliver practical value, fostering tangible improvements in football medicine that directly benefit players and the sport.

Giorgio Marchetti  
UEFA Deputy General Secretary



## UEFA Medical Research Grant Programme (UEFA MRGP)

**The UEFA MRGP encourages universities and scientists to do medical and health research in European football. It is intended for anyone pursuing or currently holding a doctorate and interested in studying European football from a medical and health standpoint.**

### Programme overview

The UEFA MRGP is a programme developed specifically for academics conducting medical and health-related research to support strategic decision-making in European football.

Each proposal selected by the jury is eligible for a one-year award of up to €30,000. The jury decides on the amount of each grant in a two-stage, case-by-case process. A total of €30,000 is available for research into health in football generally and an additional €30,000 for research specifically into the health of female football players.

One jury member will supervise each research project selected to ensure that they reach the highest standard of quality. When the research is finished, it is shared with the 55 UEFA member associations and used to support the growth and development of the game.

### Main takeaways

- A funding opportunity for your football-related health research
- Gain international recognition and expand your network
- Sharing of your findings with national governing bodies and the wider UEFA network
- National associations have the opportunity to acquire the latest research in order to build their own activities and projects

### Testimonials



“As a previous recipient of the UEFA grant, I have been inspired both academically and professionally. The grant has facilitated further research into the field of the prevention of football injuries, in particularly the preventative effect of the Adductor Strengthening Programme on groin problems in football players. Moreover, the outcomes of the studies have been implemented at all levels of Norwegian football and in football medicine worldwide.”

■ Thor Einar Andersen, Professor at the Norwegian School of Sport Sciences, Oslo, and Chief Medical Officer, the Football Association of Norway



#### Who

Researchers holding a research position at a university, national association, club or equivalent institution



#### When

Once a year  
Application deadline: 15 March 2024



#### How long

The grant allows for a one-year study



#### Where

Research has to be carried out at the home institution



#### Grant

Up to €30,000 for general health and up to €30,000 for research relating to the health of female football players



#### Total funding available

€60,000



#### Language

English

## Structure

### (1) APPLICATION PERIOD

1 January - 15 March 2024

### (2) JURY REVIEWS APPLICATIONS

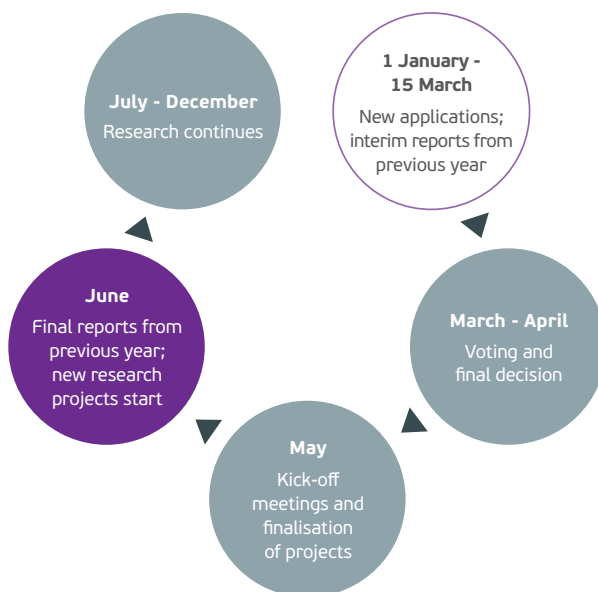
March - April 2024

### (3) DECISION AND START OF PROJECT

May - June 2024

### (4) COMPLETION OF THE PROJECT

May 2024 - June 2025



## Application process

The official application form and the UEFA Medical Research Grant Programme Regulations are available on [UEFAacademy.com/courses/mrgp/](https://UEFAacademy.com/courses/mrgp/). Applications must reach UEFA by 15 March to be considered. Applications that meet the requirements of the UEFA MRGP Regulations are examined by the UEFA MRGP Jury, which consists of five academics known internationally for their work in connection

with sport and football in Europe. One of the jury members is appointed as chair. For each completed application, three of the five jury members will be requested to review the applications. UEFA and the chair are jointly responsible for assigning applications to jurors according to their individual expertise and any potential conflicts of interest. In the case of a conflict of interest, the respective jury member

concerned will be removed from voting, and any documents linked to this application will not be available to them. The exact level of funding is decided on a case-by-case basis (up to a maximum of €30,000 per grant). The jury is free to decide how many grants to award is not obliged to award the full amount available. All relevant deadlines are presented in the UEFA MRGP Regulations.

We welcome all participants from diverse backgrounds and cultures, recognising the unique value that diversity brings to our community. If you have any uncertainties about meeting specific programme criteria, we encourage you to reach out to us.







## About the UEFA Academy

Building on the professional excellence UEFA has established throughout its history and the learning initiatives set up over the last decade, the UEFA Academy provides educational programmes for individuals and organisations to constantly elevate the game of football.

Consult our catalogue of courses on [UEFAacademy.com](https://uefaacademy.com)

## Eligibility

Applicants must either:

- have obtained a doctorate and currently hold a research position at a university, football club, national association, or equivalent institution; or
- be enrolled as a doctoral student at a university or equivalent institution and currently be preparing a doctoral thesis.

Applicants must be fluent in the English language.

## Still have questions?

Should you have any questions on the application process, please contact [medical@uefa.ch](mailto:medical@uefa.ch).

## Joint applications

Joint applications may be considered if they meet the following conditions:

- No more than three applicants may be involved.
- The applicants may not be employed by the same university or institution, and should ideally represent an international collaboration.

One of the applicants must be appointed as the lead researcher to act as UEFA's point of contact.





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# Contact us

[academy@uefa.ch](mailto:academy@uefa.ch)

[UEFAacademy.com](https://UEFAacademy.com)