

UEFA

Anti-Doping Programme



Season 2022/23

1 Education & Information

EDUCATION SESSIONS

- Direct UEFA integrity education sessions for players, team doctors and coaches at youth tournaments: U-19, WU-19, U-17, WU-17 and FU-19.
 - 45-minute sessions with each team
 - Simultaneous interpretation
 - 48 teams = approx. 1,200 players and staff

EDUCATION STRATEGY

- The UEFA anti-doping education strategy was launched in 2020 to ensure that players receive relevant, high quality anti-doping education at domestic level before participating in any UEFA competitions.
- UEFA HatTrick funding has been allocated to the 55 Member Associations (MAs) to deliver these anti-doping education activities in collaboration with their National Anti-Doping Organisation.
 - 55 Member Associations submitted an application and received UEFA funding.
 - An estimated 43'000 players and 5'300 medical staff have been included in MA's education plans in the 22/23 season.
 - A digital "Anti-doping education platform" was created for MAs, incorporating educational resources like anti-doping presentations, photos of players undergoing a doping control, an instructional video for testing, etc.



ADVERSE ANALYTICAL FINDINGS

10 Adverse Analytical Findings

- **1 Dehydrochloromethyltestosterone:** final disciplinary decision pending
- **1 Carboxy-THC:** player sanctioned for 1 month after completing a Substance of Abuse treatment programme
- **1 5-methylhexan-2-amine:** player sanctioned for 2 years
- **1 Amfetamine:** player had a valid TUE, no sanction
- **1 Tamoxifen:** player had a valid TUE, no sanction
- **1 Triamcinolone:** player had a valid TUE, no sanction
- **3 Methylphenidate:** players had a valid TUE, no sanction
- **1 Chlortalidone:** final disciplinary decision pending

THERAPEUTIC USE EXEMPTIONS

- **UEFA TUE Committee:** 7 medical doctors with different specialisms
- **Applications:** 102
- **Accepted:** 25
- **Recognised:** 21
- **TUE not required:** 56

2 Testing 2022/23

IN-COMPETITION TESTING 2022/23

UEFA Champions League - 413 samples collected
UEFA Europa League - 297 samples collected
UEFA Conference League - 418 samples collected
UEFA Women's Champions League - 150 samples collected
Other competitions (WEURO, Euro Qualifiers, Youth, Futsal, etc.) - 1277 samples collected

OUT-OF-COMPETITION TESTING 2022/23

UEFA Champions League (urine, serum & APB) - 569 samples collected
UEFA Europa League - 118 samples collected
UEFA Women's Champions League - 177 samples collected
UEFA Nations League (final four) - 62 samples collected



EPO/ESA ANALYSIS

- 535 samples analysed

IRMS ANALYSIS

- 44 samples analysed

GHRF ANALYSIS

- 380 samples analysed

GH ANALYSIS

- 369 samples analysed

Competition	Urine	Blood
UCL	627	355
UEL	325	90
UWCL	209	118
Other Competitions	1597	110
Total	2758	673

- All samples collected by UEFA in major competitions are stored for 10 years for possible re-testing.

INTELLIGENCE & INVESTIGATION

- Expansion of the risk assessment strategy which includes the monitoring of Athlete Biological Passport (ABP), whereabouts information, and anti-doping rule violations (ADRVs).

3 Doping Control Officers (DCOs)

DCO OPERATIONS

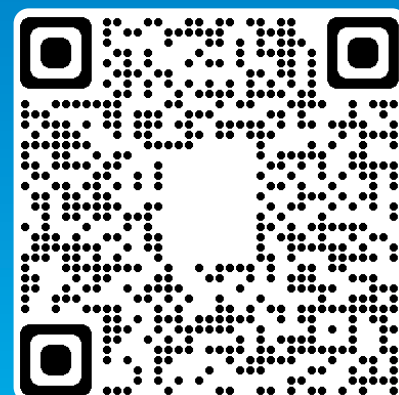
- Doping controls are confidential – clubs, FAs & UEFA officials not informed in advance
- UEFA panel of 53 DCOs (male and female) from 28 countries
- 3 new DCOs recruited (from 30 applications)
- 3 candidates need to complete their training
- DCO candidates undergo comprehensive training and assessment to be accepted as part of the UEFA DCO panel
- All DCOs have to undergo a yearly practical and written assessment in order to be re-accredited
- All DCOs are audited by experienced DCO auditors over a 4-year cycle



UEFA ANTI-DOPING UNIT

FAs & Clubs	FIFA / WADA / NADOs	Anti-Doping Panel	Independent APMU
Regulations	Intelligence & Test planning	DCOs	ABP in ADAMS
Education	TUEs	Results management	Laboratory relations

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