Checklist for Therapeutic Use Exemption (TUE) Application:

PCOS

Prohibited Substances: clomiphene, letrozole

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant International Standard for TUE criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. A completed application and checklist do NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

- TUE Application form must include:
  - All sections completed legibly
  - All information submitted in English, French or German
  - A signature from the applying physician
  - The Athlete’s signature

- Medical report should include details of
  - Family and personal history of PCOS diagnosis
  - Menstrual history
  - Relevant clinical symptoms (for example hirsutism, androgenic alopecia, acne, infertility, impaired glucose tolerance, depression or anxiety)
  - General physical examination including assessment of hair growth distribution and quantity, acne, BP, weight, height, BMI and pelvic examination if applicable
  - Previous treatment(s) and response to treatment
  - A list of past and/or current therapies

- Diagnostic test results should include copies of:
  - Laboratory testing for PCOS to show biochemical hyperandrogenism
  - Imaging findings (e.g. transvaginal ultrasound) when applicable

- Additional information included (if applicable for medical condition)