



Checklist for Therapeutic Use Exemption (TUE) Application:

**Anaphylaxis**

*Prohibited Substance: Glucocorticoids*



This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant International Standard for TUE criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **MUST** be provided. A completed application and checklist do **NOT** guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

<input type="checkbox"/>	<b>TUE Application form</b> must include:
<input type="checkbox"/>	All sections completed legibly
<input type="checkbox"/>	All information submitted in English, French or German
<input type="checkbox"/>	A signature from the applying physician
<input type="checkbox"/>	The Athlete's signature
<input type="checkbox"/>	<b>Medical report</b> should include details of:
<input type="checkbox"/>	Medical history: 1. onset, timeline of development of symptoms 2. trigger mechanism (e.g, allergen, observation) if known 3. comment on respiratory compromise, collapse, skin/mucosal reaction, gastrointestinal symptoms
<input type="checkbox"/>	Physical examination (may be from emergency department - blood pressure, respiratory rate, skin/mucosal reaction)
<input type="checkbox"/>	Treatment prescribed; time and date, dosage, frequency, administration route for each substance: a) Acute management (epinephrine/adrenaline and systemic glucocorticoids are prohibited in competition: nebulised beta-2-agonists are prohibited at all times; IV fluids are prohibited unless treatment is received in hospital) b) Maintenance/prevention: epinephrine autoinjector (prohibited in competition only)
<input type="checkbox"/>	<b>Diagnostic test/scale results</b> should include copies of:
<input type="checkbox"/>	Ambulance or emergency department/hospital records - where available
<input type="checkbox"/>	Laboratory tests (e.g. tryptase levels) - not always performed and not mandatory
<input type="checkbox"/>	Photographic evidence of skin reaction if relevant and available
<input type="checkbox"/>	Skin prick test or other allergy testing
<input type="checkbox"/>	<b>Additional information</b> included
<input type="checkbox"/>	