



No. 74/2022

TO UEFA MEMBER ASSOCIATIONS

For the attention of  
the President and the General Secretary

Your reference	Your correspondence of	Our reference RLE/VOU	Date 21 November 2022
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## 2023 WADA Prohibited List

Dear Sir or Madam,

Please be kindly informed that the World Anti-Doping Agency (WADA) has published the [2023 List of Prohibited Substances and Methods \(List\)](#). In accordance with article 4.1 of the UEFA Anti-Doping Regulations, edition 2021, the [2023 WADA Prohibited List](#) will apply to all UEFA competitions from 1 January 2023.

WADA has also published:

- the [2023 Summary of Major Modifications and Explanatory Notes](#) as compared to the 2022 List; and
- the [2023 Monitoring Program](#), which includes substances that are not on the List, but that WADA wishes to monitor in order to detect potential patterns of misuse in sport.

The List is one of the eight International Standards that are mandatory for all Signatories of the World Anti-Doping Code (Code). It designates what substances and methods are prohibited both in- and out-of-competition and which substances are banned in particular sports.

### Major Modifications for 2023

All Major Modifications for 2023 are outlined in the [2023 Summary of Major Modifications and Explanatory Notes](#).

The List is released in advance of it taking effect so that players, player support personnel (e.g. coaches, doctors etc.) and other stakeholders can acquaint themselves with any modifications. Ultimately, players are responsible for prohibited substances found in their body and prohibited methods found to have been used. Player support personnel are also liable for Anti-Doping Rule Violations if determined to be complicit. Consequently, if there is any doubt as to the status of a substance or method, it is important that players and their support personnel contact UEFA's Anti-Doping Unit for advice.

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## Major Modification concerning Tramadol for 2024

It should also be noted that the narcotic Tramadol will be prohibited in competition, effective 1 January 2024.

WADA's decision to delay implementation to 2024 is to provide an additional year for broad communication and education of players, their entourage and medical personnel so that there is a better understanding of the practical implementation of tramadol prohibition in competition. It will also give time to the scientific community to adjust the exact procedural details so that fairness can be ensured for players.

Tramadol has been on WADA's Monitoring Program and data gathered through that program have indicated significant use in sports. Tramadol abuse, with its risks of physical dependence, opiate addiction and overdoses in the general population, is of concern and has led to it being a controlled drug in many countries. Research studies funded by WADA, as referenced in the Explanatory Notes, have also confirmed the potential for Tramadol to enhance sports performance.

## Therapeutic Use Exemptions (TUEs)

Players who are participating in UEFA competitions or in senior international (national A team) friendly matches and need to use a prohibited substance or prohibited method for therapeutic reasons must request prior authorisation from UEFA by submitting an application through UEFA's digital [TUE application form](#). The TUE form can also be found by simply typing **tue.uefa.com** into any search engine. Applications must be made to UEFA only and not to NADOs.

TUE applications that are sent to UEFA will be processed in accordance with WADA's [International Standard for Therapeutic Use Exemptions \(ISTUE\)](#). A complete file of medical evidence and written consent from both the player and the treating physician must be submitted with the application. Except in cases of medical emergency (to be proven when applying for a TUE), doctors must not administer a prohibited substance or prohibited method before a TUE has been granted or recognised by UEFA.

Doctors, together with the player, shall ensure that all the requirements are met before applying to UEFA for a TUE; otherwise, applications will be sent back to the applicant for further information and the process for granting a TUE will be delayed. WADA publishes checklists on the requirements for TUE applications for many common medical conditions. These checklists can be downloaded from the [WADA website](#).

WADA has also developed a guidance document on [Glucocorticoids \(GCs\) and Therapeutic Use Exemptions \(TUEs\)](#) in order to assist team doctors in their understanding of the rules regarding injectable routes of administration of GCs which already came into force in January 2022.

TUEs granted by FIFA are automatically valid for UEFA competitions. However, TUEs granted by NADOs are not valid for UEFA competitions unless they have been recognised by UEFA. In case of a NADO TUE recognition request, please email [anti-doping@uefa.ch](mailto:anti-doping@uefa.ch) with the ADAMS reference of your NADO TUE. Alternatively, the UEFA anti-doping unit must be provided with a copy of the original application form and all medical information submitted to the authorising body (both translated into one of UEFA's official languages, if necessary) and any other specific document that may be requested by UEFA.

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Players participating in youth-level international friendly matches (i.e. any national youth team up to and including Under-21) must apply to their NADO for a TUE, and not to UEFA. If the player is subsequently called up to play in an official UEFA youth competition, they must apply to UEFA for recognition before the start of the competition.

Please forward this circular, the UEFA Anti-Doping Regulations, 2021 edition, and the 2023 WADA Prohibited List immediately to the team doctors of your national teams and clubs participating in UEFA competitions, who must in turn inform their players.

The Prohibited List, the Guide to the Prohibited List and TUEs and all other enclosed documents are also available on the dedicated anti-doping section of the UEFA website at:

<https://www.uefa.com/insideuefa/protecting-the-game/anti-doping/>

Should you have any queries or require additional information, please contact [anti-doping@uefa.ch](mailto:anti-doping@uefa.ch)

Yours faithfully,

**U E F A**



Theodore Theodoridis  
General Secretary

Enclosure(s)

- [2021 UEFA Anti-Doping Regulations](#)
- [2023 WADA Prohibited List](#)
- [2023 WADA Summary of major modifications and explanatory notes](#)
- [Glucocorticoids and Therapeutic Use Exemptions](#)
- [UEFA Guide to the WADA Prohibited List and TUEs](#)
- [UEFA TUE application form](#)

cc (with enclosures)

- UEFA Executive Committee
- UEFA Medical Committee
- UEFA TUE Committee
- European members of the FIFA Council
- FIFA, Zurich
- European national anti-doping organisations