Amendments to the following regulations:
- 2022/23 UEFA European Women’s Under-19 Championship (WU19)
- 2022/23 UEFA European Under-19 Championship (U19)
- 2022/23 UEFA Regions’ Cup (UREG)
- 2021–23 UEFA European Under-21 Championship (U21)

Dear Sir or Madam,

In response to the COVID-19 pandemic, in May 2020 IFAB introduced a temporary amendment to Law 3 – The Players – on the maximum number of permitted substitutions.

The UEFA Executive Committee immediately introduced five substitutions plus one additional substitution during extra-time (5+1) for all its senior football competitions for the 2020/21 and 2021/22 seasons.

With the release of the 2022/23 IFAB Laws of the Game, this temporary amendment has been made permanent (Law 3, Paragraph 2), so that UEFA can now align the substitution quotas for all its competitions.

For the 2023 Under-21 final tournament, an additional set of articles will be introduced for a possible Olympic Games play-off match, following the confirmed qualification of France (Olympic host) and England (not registered for the Olympic Games).

In the light of the above, please note the following amendments and additions can be found in the regulations at https://documents.uefa.com.

5+1 substitutions

- 2022/23 UEFA European Women’s Under-19 Championship – Article 39 Match Sheet – Paragraph 39.04
- 2022/23 UEFA European Under-19 Championship – Article 35 Match Sheet – Paragraph 35.04
- 2022/23 UEFA Regions’ Cup – Article 34 Match Sheet – Paragraph 34.04
Possible Olympic Games play-off match during the 2023 Under-21 final tournament

- 2021–23 UEFA European Under-21 Championship – Article 19 Extra-time, kicks from the penalty mark and Olympic play-off match – new Paragraphs 19.06–19.09

In case of questions, please contact:

- WU19: womensyouthcompetitions@uefa.ch
- U19 and UREG: mensyouthcompetitions@uefa.ch
- U21: NAMatchOps@uefa.ch

Please take these changes into account.

Yours faithfully,

UEFA

Theodore Theodoridis
General Secretary

CC
- UEFA Executive Committee
- UEFA Women’s Football Committee
- UEFA Youth & Amateur Football Committee
- UEFA National Teams Competitions Committee
- European members of the FIFA Council
- FIFA, Zurich