



No. 37/2022

TO UEFA MEMBER ASSOCIATIONS

For the attention of
the President and the General Secretary

Your reference

Your correspondence of

Our reference
MEDI/ZBA

Date
20 June 2022

Medical Information – pre-season 2022/23

Dear Sir or Madam,

Several aspects of UEFA's medical programme been updated with the aim to further improve the healthcare of football players and officials. While this letter will also be sent directly to clubs qualified for UEFA competitions, we ask that associations ensure it is forwarded to all relevant staff and medical officials in charge of each of their national teams.

UEFA Medical Regulations, 2022 edition

At its meeting in Montreux on 16 December 2021, the UEFA Executive Committee approved a new edition of the UEFA Medical Regulations, coming into force on **1 July 2022** (all detailed information can be found in the circular letter No.92/2021).

After having received feedback from several National Associations, and in line with the legislation of the majority of the countries in the UEFA territory, the UEFA Executive Committee approved on the **10 May 2022** an amendment to Article 6.02 of the UEFA Medical Regulations 2022, which makes the stress ECG no longer mandatory but only recommended. Nevertheless, the echocardiography remains mandatory every two years.

UEFA Minimum Medical Requirements (MMR)

Amendments to section IV of the UEFA Medical Regulations have been explained in the circular letter No.92/2021. Host associations and clubs are reminded to make sure they comply with those amendments for the upcoming matches of the 2022/23 season. Host associations and clubs must also ensure that all items listed in the MMR are functional, with fully charged batteries, as well as all medicine unexpired. Failure to comply and provide adequate material will result in referral of the association/club to UEFA's disciplinary bodies

Pitchside Emergency briefing + form

UEFA decided to develop a Pitchside Emergency briefing, which includes a medical chart, to raise the awareness of the on-site medical team. It is the responsibility of the host Chief Medical Officer (CMO), or equivalent officer, to read and watch the briefing in advance of every match with the rest of the medical staff and identify the roles of each member of the medical team. The form should be filled out appropriately before every match and clearly displayed inside the player's medical room. It must be visible to the Match Delegate during the MMR inspections on MD-1 (where applicable) and MD.

The briefing and form are available on the document section of UEFA's TIME platform.

Additionally, at all UEFA Finals and Final Tournaments, the Pitchside Emergency briefing will be conducted by the UEFA Venue Medical Officer (VMO). Scenarios such as sudden cardiac arrests and spinal injuries will be thoroughly discussed to make sure that the roles of the PED, the ambulance crew, the stretcher teams and the team doctors of the participating teams are clearly defined.

Concussion charter

In 2019, UEFA launched a concussion awareness campaign for players, coaches, referees, doctors and the general public about the dangers of concussion in football.

With this in mind, and as a further step towards protecting the health of players, the UEFA Medical Committee has produced a concussion charter to be signed by a club/national team representative, the head coach and the team doctor of every club/national team participating in UEFA competitions in 2022/23.

The objective is to reinforce the importance of good practice in concussion management and for all teams to commit to supporting and implementing the guidelines outlined in the charter.

Concussion is a serious injury. It needs to be managed and treated properly. Although research studies report a low incidence in football, with an estimated case of concussion every 20 to 30 matches, every member of your team should know what to do in the event of a suspected concussion on the pitch. By signing this concussion charter, you will not only be supporting UEFA's awareness campaign but protecting the health of your players in the event of a concussion. You can access the concussion charter by clicking on the following [link](#). In practice, we suggest that your key contact person collects the signatures of your club representative, head coach and team doctor on a single copy of the charter before sending it back to medical@uefa.ch.

To support the team doctors in the management of concussions, we have produced a video that provides the latest information and guidance on how to manage these very difficult situations in the best manner possible. It can be found [here](#).

In addition, we kindly ask your team doctors to start organising education sessions for your players and staff as described in the charter, using the video produced by UEFA, which can be found [here](#), and the poster you will find enclosed.

Medical video review system (MVRS)

A medical video review system will be provided at all matches who are covered by Video Assistant Referee (VAR) technology and feed. Each team will be provided with a pitch-side tablet which will allow the medical team to instantly review multiple angles of an incident. This technology facilitates quick and accurate decision making in the treatment of the player, especially in case of major incidents.

It is the responsibility of each team to nominate one MVRS operator with medical knowledge to be responsible of the tablet, who can review the incident and pass useful real-time information to the team doctor assessing and treating the player on the field. Please note that it is the responsibility of the team to arrange their own radio system/earpiece to allow communication between the MVRS operator and the team doctor.

UEFA will organise a briefing before the start of the season with the technical supplier of the MVRS to explain its usage to the team doctors and their MVRS operators. On Match Day there will be dedicated support for the MVRS operator, should they have any further questions or technical difficulties.

If you have any questions about the new regulations and features, please contact medical@uefa.ch.

Yours faithfully,

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Theodore Theodoridis
General Secretary

Enclosures

- Concussion posters (men/women)
- Pitchside Emergency Briefing
- Pitchside Emergency Form
- Medical Regulations, 2022
- [Concussion charters](#)
- [Concussion video](#)
- [Concussion awareness campaign](#)

cc (with enclosures) (via national association)

- Team doctors
- Team representatives

cc (with enclosures)

- UEFA Executive Committee
- National Associations Committee
- Referees Committee
- National Team Competitions Committee
- Club Competitions Committee
- Youth and Amateur Football Committee
- Women's Football Committee
- Futsal and Beach Soccer Committee
- European members of the FIFA Council
- FIFA, Zurich