



No. 75/2021

TO UEFA MEMBER ASSOCIATIONS

For the attention of  
the President and the General Secretary

Your reference

Your correspondence of

Our reference  
Medical/VOU

Date  
1 November 2021

### **National team concussion charter**

Dear Sir or Madam,

The health of players is of utmost importance to UEFA. In 2019, we launched a concussion awareness campaign to educate players, coaches, referees, doctors and the general public about the dangers of concussion in football. You will find all the details of the campaign under the following link:  
<https://www.uefa.com/insideuefa/news/0256-0f8e7068a20e-9edc9f4af3a5-1000--uefa-launches-concussion-awareness-campaign/>

With this in mind, and as a further step towards protecting the health of players, the UEFA Medical Committee has produced a concussion charter for each national team participating in UEFA competitions, to be signed by the team representative (i.e. general secretary, head of delegation or team manager), the head coach and the team doctor.

The objective is to reinforce the importance of good practice in concussion management and for all teams to commit to supporting and implementing the guidelines outlined in the charter.

### **Be part of the UEFA Concussion Charter**

Concussion is a serious injury. It needs to be managed and treated properly. Although research studies report a low incidence in football, with an estimated 1 case of concussion in every 20 to 30 matches, every member of your national teams should know what to do in the event of a concussion on the pitch.

By signing this concussion charter, you will be not only supporting UEFA's awareness campaign but also protecting the health of your players in the event of a concussion.

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For competitions that have already started, you can access the concussion charter by clicking on the following [link](#). For each competition in which you have a team participating, we kindly ask you to collect the signatures of the team representative, head coach and team doctor on a single copy of the charter before sending it back to [medical@uefa.ch](mailto:medical@uefa.ch).

For competitions that have not started yet, you will receive further information on the charter signing process in due course.

## Medical review system

UEFA is looking into the possibility of implementing a centralised medical video review system at all matches at which VAR is used.

In the meantime, all teams are strongly encouraged to use their own national medical video review systems in UEFA competitions. UEFA will facilitate the installation of your domestic systems with the host broadcaster. Home teams using a medical review system should offer the visiting team the same system, at cost price, although the visiting team would remain responsible for any technical fees.

## Team doctors video briefing

To support your team doctors in their management of concussions, we have produced a video that provides the latest information and guidance on how to manage these very difficult situations in the best manner possible. It can be found [here](#).

## Players and staff education

In addition, we kindly ask your national association and team doctors to start organising education sessions for your players and staff as described in the charter, using the video produced by UEFA, which can be found [here](#), and the poster you will find enclosed.

## UEFA concussion case study for senior men's and women's teams, and men's Under-21s

In order to collect useful data at European level for its concussion case study, UEFA is kindly asking the team doctors of all senior men's and women's teams and men's Under-21 teams to report any concussions or head injuries that happen in friendly matches and in training sessions. In the event of a concussion or head injury, the team doctor will be kindly asked to complete this [online form](#), which has been designed by our concussion experts.

UEFA will treat all data received as strictly confidential and no association, team doctor or player names will be published.

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Finally, please note that your team doctors may be contacted by a member of the UEFA medical unit or a UEFA concussion expert in the event of a serious incident at a UEFA match.

For any questions or communication on this matter please contact [medical@uefa.ch](mailto:medical@uefa.ch).

Yours faithfully,

**U E F A**



Theodore Theodoridis  
General Secretary

Enclosures

- Concussion posters (men/women)

Cc (via national association)

- Team doctors
- Team representatives

cc (with enclosures)

- UEFA Executive Committee
- UEFA Medical Committee
- European members of the FIFA Council
- FIFA, Zurich