



COVID-19

Player Guidance For In Competition Tests

WE CARE ABOUT FOOTBALL

The UEFA doping control officer (DCO) will do everything they can to make you feel as comfortable and safe as possible. They have a duty to make sure the necessary health measures are applied during the doping control, as well as country-specific laws and recommendations.

Please note that the DCO will:

- Have tested negative for Covid-19
- Travel safely with all necessary protective measures
- Maintain **social distances** wherever possible
- Wear a **face mask** during the whole procedure
- Ask you to wear a face mask during the doping control
- Use a **disinfected iPad** to collect all test information



Step 1 – Notification

The DCO will:

- Respect social distances when notifying you, including not shaking hands
- Chaperone the players of each team to a separate waiting area to keep distance from the other team's players and representatives



Step 2 – Setup

- Any Doping Control Chaperones (DCC) used for notification and overseeing the waiting areas have also tested negative for Covid-19
- Rooms and surfaces where the test is conducted are **cleaned and disinfected**; the **testing material is also disinfected**
- **Before testing each player**, the DCO will put on new gloves



Step 3 – Doping test

- **Players must wear face masks** during the whole procedure
- **Players will be offered gloves** and will be asked to sanitise their hands after touching any material
- **Normal testing procedures** are applied by the DCO
- **Social/physical distancing will be maintained as much as possible**
- The protective equipment minimises the risk if the two-metre distance cannot be kept; for example, when witnessing the sample production



Step 4 – End of the test

- All protective items that the athlete is wearing must be **removed using proper removal techniques**, as explained by the DCO
- All items must be placed in the rubbish bag provided by the DCO and safely disposed of
- The **DCO cleans the surfaces** at the sample collection point after each test

Refusing to be tested will be investigated as a potential **failure to comply** and may result in **disciplinary proceedings**

Step 5 – Post test

If you catch Covid-19 within two weeks after the test, please contact anti-doping@uefa.ch immediately, so that the DCO can be informed



At least 2 metres

